

## Denture Care Instructions

Congratulations on receiving your partial or full dentures. It is important that you follow the instructions for proper care to increase longevity of your denture and health of your mouth while using your denture.

Denture Type	Guidelines
<p><b>Immediate Dentures:</b> If you had extractions on the same day you received your denture, it is expected you will need weeks for your initial healing and up to 6 months for you to arrive at your final gum configuration. A soft or hard relines of the interior of your denture may be indicated if the denture rocks, is loose, or does not fit properly.</p>	<p>If you remove your denture within the first 24 hours of extraction, it is possible swelling will prevent you from re-inserting your denture. This is expected. You may choose to leave your denture in the first 24 hours or remove it if there is discomfort. It may be appropriate to contact your dentist if sore spots develop or any part of the denture is too painful.</p>
<p><b>Metal Framework Partial Dentures:</b> The clasps that hold your partial in place are very delicate and should only be adjusted by your dentist. Ensure you maintain your regular dental cleanings and follow ups as your remaining teeth are under increased forces and have an increased chance of hurting or becoming loose if not cared for.</p>	<p>Do not sleep with your partial dentures to allow the gums underneath to heal. Soak the dentures in dish soap and water or a denture cleaner during the night. Use a soft bristle toothbrush and the same dish soap or cleaner to clean your denture in the morning. Do not use toothpaste as it can scratch the plastic in your denture.</p>
<p><b>Flexible Partial Dentures:</b> The soft nature of your partial may cause increased pressure on your gums while chewing. Contact the office if you need adjustments to your partial. Ensure you maintain your regular dental cleanings and follow ups as your remaining teeth are under increased forces and have an increased chance of hurting or becoming loose if not cared for.</p>	<p>Do not sleep with your partial dentures to allow the gums underneath to heal. Soak the dentures in dish soap and water or a denture cleaner during the night. Use a soft bristle toothbrush and the same dish soap or cleaner to clean your denture in the morning. Do not use toothpaste as it can scratch the plastic in your denture.</p>
<p><b>Full Dentures:</b> A soft or hard relines of the interior of your denture may be indicated if the denture rocks, is loose, or does not fit properly. It is expected you will return a few times during the first month to eliminate sore spots. If you had any teeth extracted before placing your denture and you experience looseness, it is ideal to wait 6 months for the final relines.</p>	<p>Do not sleep with your full dentures to allow the gums underneath to heal. Soak the dentures in dish soap and water or a denture cleaner during the night. Use a soft bristle toothbrush and the same dish soap or cleaner to clean your denture in the morning. Do not use toothpaste as it can scratch the plastic in your denture.</p>
<p><b>Implant Retained Dentures:</b> Rubber O-rings have been placed between your implants and denture. These may need to be replaced occasionally if the denture does not snap in. Ensure you maintain your regular dental cleanings and follow ups as your implants need to be checked for stability and cleanliness.</p>	<p>Do not sleep with your implant retained dentures to allow the gums underneath to heal. Soak the dentures in dish soap and water or a denture cleaner during the night. Use a soft bristle toothbrush and the same dish soap or cleaner to clean your denture in the morning. Do not use toothpaste as it can scratch the plastic in your denture.</p>