## OPEN & AFFORDABLE DENTAL () BRACES

## POST OPERATIVE INSTRUCTIONS FOR CROWNS

The temporary crown will NOT feel like the permanent crown, which will be much smoother and fit better especially against the gum. The temporary crown is just that, temporary. Taking proper care of your temporary crown is essential for ensuring a successful permanent crown placement. Here are the instructions:

- 1. Flossing: When flossing around your temporary crown, make sure to floss through the contact and then pull the floss out sideways. Do not pull the floss back through the contact, as this can dislodge the temporary crown.
- 2. Diet: <u>Avoid eating anything crunchy, hard, or sticky</u>. These types of foods can damage or dislodge your temporary crown.
- 3. If the Temporary Crown Falls Off:
  - If your temporary crown falls off or breaks, it may or may not need to be recemented.
  - If your doctor specifically requested that you be seen if it falls off or breaks, call your office to schedule an appointment.
  - If you are over the age of 30 and experience only slight sensitivity, it may be advisable to be careful with the tooth and avoid hard foods until your crown seat date.
  - If you are extremely sensitive, you may use Ibuprofen to reduce sensitivity until you can be seen at your office.
- 4. Preferred Office Visits:
  - We strongly prefer that you be seen at your original office for issues with temporary crowns, as your original office has the mold to make a new temporary crown if necessary.
- 5. If Unable to Visit Your Office:
  - If you are traveling or unable to visit your office, you may use temporary cement purchased at your local pharmacy to recement the temporary crown.
- 6. Custom Shading:
  - If you were requested to go to the lab for custom shading, please call the lab 3 days after your crown preparation appointment to schedule your custom shading.

By following these instructions, you can ensure that your temporary crown stays in place and that you are ready for your permanent crown placement. If you have any questions or concerns, don't hesitate to contact your dental office.